

FINAL ANNOUNCEMENT

21st Continuing Professional Development (CPD) Series

Organised by:



Endorsed by:



THE BRANDLAUREATE
CSR AWARDS 2018
NATIONAL DIABETES
INSTITUTE



THE BRANDLAUREATE
CSR BRANDLEADERSHIP
AWARDS 2018
PROF. MUSTAFFA EMBONG

CLINIC DIABETES: LEARNING FROM KOLs "Improving Diabetes Care"

MAY **FRI** 3 **SAT** 4 **SUN** 5 2024
ROYALE CHULAN KUALA LUMPUR, MALAYSIA

Venue:

Royale Chulan Kuala Lumpur
5, Jalan Conlay, 50450 Kuala Lumpur
MALAYSIA



Secretariat Clinic Diabetes Course 2024

NATIONAL DIABETES INSTITUTE

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CLINIC DIABETES Course

Clinic Diabetes is an interactive Course to be conducted by **Key Opinion Leaders (KOLs)** in the respective fields. It will be based on discussion of relevant clinical cases to define best options in the management of diabetes, associated diseases and complications.

The Course would be of interest to Healthcare Professionals involved in managing diabetes, its complications, and associated diseases.

Format of CLINIC DIABETES Course

The Course is divided into Sessions. **Each session shall start with short presentation to highlight specific feature and significance of a condition followed by presentation of 1 – 2 relevant cases for discussion by a Panel of KOLs in the specific field(s) of interest.**

Twelve sessions are planned

Session #1	Physical and Dietary Therapy	Session #7	Targets for Glycaemia and Associated Conditions
Session #2	Glucose-Lowering Medications: Oral	Session #8	Diagnosis and Practical Management of Patients with Diabetic Kidney Disease
Session #3	Glucose-Lowering Medications: Injectables	Session #9	Microvascular Complications
Session #4	IFG and IGT	Session #10	Treating Obesity in Diabetics
Session #5	Diabetes in Pregnancy	Session #11	Diabetes in Children
Session #6	Diabetes with Heart Disease	Session #12	The Complicated Cases: Prioritising And Optimising Management

Audience participation

The audience is expected to participate in the discussion by asking questions and providing opinions orally or via Slido.

Participants Input

Participants are encouraged to submit their (problem, interesting) cases for discussion.

Submitted case must have these main components

1. Patient's demographic profile
2. Initial presentation consisting of history, clinical findings and investigation results and treatment
3. Progress records to include relevant history, physical examination findings, investigation results and treatment. 3 – 5 progress records are required, including the final entry.

Cases must be submitted at least 1 month before the Course for vetting by the experts.

A participant whose case is accepted for discussion will be given free registration to attend the Course. He/she will also be invited to provide additional information as resource person, during the case discussion.

Benefits of the Course for Participants

1. Receive Certificate of Attendance
2. A chance to interact with experts in the management of diabetes and associated diseases
3. Be familiar with antidiabetic drugs and their use
4. Learn management of diabetes and associated conditions
5. Chance to have free registration and be a resource person in the discussion
6. Chance to win cash prizes, hampers and vouchers @ Lucky Draw

Objectives of the Course

At the end of the Course, Participants are expected to

1. Understand indication for use of established and newer antidiabetic agents, both oral and injectables
2. Be familiar with management of common types of diabetes and associated diseases
3. Appreciate use of newer diabetic medications with additional non-glycaemic effects
4. Be able to apply knowledge gained during Course to better manage patients with diabetes

Cash prizes, hampers and vouchers @ Lucky Draws

To encourage active participation and attendance, lucky draws shall be conducted at the end of the Course. Lucky winners may receive cash rebates or hampers from advertisers or vouchers from hotels.

To be eligible for the Lucky Draws, participants must visit the exhibitors' booths and tabletops to receive their respective chops as proof of attendance.



CLINIC DIABETES COURSE ATTENDANCE

This Clinic Diabetes Course is opened to all healthcare professionals involved in the management of persons with diabetes and associated conditions, including Medical and Surgical Specialists, Medical and Health Officers, Pharmacists, Diabetes Educators, Medical Assistants, General Practitioners, Trainee Lecturers, Nursing Practitioners, Dietitians/Nutritionists

Organising Committee

PATRON

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ADVISOR

Professor Dato' Anuar Zaini Md. Zain

SECRETARY

Dato' Dr. Nor 'Aini Abu Bakar

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Emeritus Professor Dato' Mustaffa Embong

TREASURER

Ms. Rosmawati Yusoff

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Professor Norlaila Mustafa
Assoc. Professor Lim Lee Ling

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Dr. Ng Ooi Chuan

SABAH & SARAWAK REPRESENTATIVE

Dr. William Voon Yu Huat

FUND RAISING & EXHIBITION

Ms. Rosmawati Yusoff

SECRETARIAT

Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)
Ms. Nor Athirah Kamaliah Ahmad Tarmizi
Ms. Sri Wahyuni Giarto Gatot

COURSE COORDINATOR

Ms. Misfahulhairah Shariff

AUDIOVISUAL

Signature Production

International Advisory Board

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Emeritus Professor Clive S. Cockram, Hong Kong

Emeritus Professor Morsi Arab, Egypt

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Professor Harold E. Lebovitz, USA

Professor Luc Van Gaal, Belgium

Professor Philip Home, United Kingdom

Professor Thep Himathongkam, Thailand

Professor Timothy Davis, Australia

Professor Xu Zhang Rong, China

Invited Key Opinion Leaders (KOLs)*

Local Experts in Diabetes and Key Opinion Leader (KOLs) in related disciplines have been invited for the Course, including:

1. **Emeritus Professor Dato' Mustaffa Embong**, National Diabetes Institute
2. **Professor Dato' Mafauzy Mohamed**, Universiti Sains Malaysia Hospital
3. **Professor Dato' Harikrishna K. Ragavan Nair**, Kuala Lumpur Hospital
4. **Professor Dato' Dr. Nik Ritza Kosai Nik Mahmood**, Hospital Canselor Tuanku Muhriz UKM
5. **Professor Datuk Siti Zawiah Omar**, University Malaya Specialist Centre
6. **Professor Barakatun Nisak Mohd Yusof**, Universiti Putra Malaysia
7. **Professor G.R Letchuman**, Monash University Malaysia
8. **Professor Imran Zainal Abidin**, University Malaya Medical Centre
9. **Professor Mae-Lynn Catherine Bastion**, Hospital Canselor Tuanku Muhriz UKM
10. **Professor Muhammad Yazid Jalaludin**, University Malaya Medical Centre
11. **Professor Norlaila Mustafa**, Hospital Canselor Tuanku Mukhriz UKM
12. **Professor Nortina Shahrizaila**, University Malaya Medical Centre
13. **Professor R. Jeyakantha Ratnasingam**, University Malaya Medical Centre
14. **Professor Wu Loo Ling**, Subang Jaya Medical Centre
15. **Associate Professor Azriyanti Anuar Zaini**, University Malaya Medical Centre
16. **Associate Professor Noor Shafina Mohd Nor**, Universiti Teknologi Mara
17. **Associate Professor Rozita Mohd**, Hospital Canselor Tuanku Muhriz UKM
18. **Associate Professor Wan Mohd Izani Wan Mohamed**, Universiti Sains Malaysia Hospital
19. **Dato' Dr. David Chew Soon Ping**, Cardiac Vascular Sentral Kuala Lumpur
20. **Dato' Sri Dr. Azhari Rosman**, National Heart Institute
21. **Dato' Dr. Zaki Morad Mohamad Zaher**, KPJ Ampang Puteri Specialist Hospital
22. **Datuk Dr. Mohamed Badrulnizam Long Bidin**, Prince Court Medical Centre
23. **Datuk Dr. Zanariah Hussein**, Putrajaya Hospital
24. **Dr. Alston Choong Wai Kwong**, University Malaya Medical Centre
25. **Dr. Ch'ng Tong Wooi**, Sunway Medical Centre
26. **Dr. Foo Siew Hui**, Selayang Hospital / Subang Jaya Medical Centre
27. **Dr. Ng Ooi Chuan**, Universiti Putra Malaysia
28. **Dr. Nurain Mohd Noor**, Putrajaya Hospital
29. **Dr. Vijay Ananda Paramasvaran**, Pantai Hospital Kuala Lumpur
30. **Ms. Ambika Menon**, Arogya Holistic Care

Course Outline*

3 MAY 2024		4 MAY 2024	5 MAY 2024
FRIDAY		SATURDAY	SUNDAY
(0700 – 0825) REGISTRATION		(0800 – 0930) SESSION #6 [Diabetes with Heart Disease]	(0800 – 0930) SESSION #11 [Diabetes in Children]
(0825 – 0830) BRIEFING OF COURSE			
(0830 – 1000) SESSION #1 [Physical and Dietary Therapy]		(0930 – 1000) SLOT FOR SPONSOR	(0930 – 1000) SLOT FOR SPONSOR
BREAK & BOOTHS VISIT (1000 – 1030)			
(1030 – 1130) SESSION #2 [Glucose-Lowering Medications: ORAL]		(1030 – 1130) SESSION #7 [Target for Glycaemia and Associated Conditions]	(1030 – 1100) SLOT FOR SPONSOR
(1130 – 1200) SLOT FOR SPONSOR		(1130 – 1200) SLOT FOR SPONSOR	(1100 – 1230) SESSION #12 [The complicated cases: Prioritising and Optimising Management]
LUNCH (1200 – 1300)			
FRIDAY PRAYERS	(1300 – 1400) SESSION #3 [Glucose-Lowering Medications: INJECTABLES]	(1300 – 1500) SESSION #8 [Diagnosis and Practical Management of Patients with Diabetic Kidney Disease]	(1230 – 1300) Closing Ceremony & Lucky Draws
	(1400 – 1500) SESSION #4 [IFG and IGT]		
(1500 – 1530) SLOT FOR SPONSOR		(1500 – 1530) SLOT FOR SPONSOR	LUNCH (1300 – 1400)
BREAK (1530 – 1600)			
(1600 – 1730) SESSION #5 [Diabetes in Pregnancy]		(1600 – 1700) SESSION #9 [Microvascular Complications]	(1400) End of Course
		(1700 – 1730) SESSION #10 [Obesity]	

*Subject to change ** Slots available for Sponsors

Course Details*

DAY 1 – May 3, 2024 (Friday)	
0700 – 0825	REGISTRATION
0825 – 0830	Briefing of Course
0830 – 1000	Session #1: Physical and Dietary Therapy i) Exercise for Diabetics With and Without Physical Disability (20 min + 10 min Q&A) ii) Doable Malaysian Diet for People with Diabetes (20 min + 10 min Q&A) iii) Simple Yoga Asanas and Meditation for Diabetes Control (20 min + 10 min Q&A)
1000 – 1030	BREAK (Visit to Booths) Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.
1030 – 1130	Session #2: Glucose-Lowering Medications: Oral (20 min + 10 min Q&A) ● Alpha Glucosidase Inhibitors ● Metformin ● Sulfonylureas ● DPP4-Is (20 min + 10 min Q&A) ● SGLT2-Is (20 min + 10 min Q&A)
1130 – 1200	SLOT FOR SPONSOR
1200 – 1300	LUNCH
1300 – 1400	Session #3: Glucose-Lowering Medications: Injectables i) Insulin Therapy (20 min + 10 min Q&A) ii) GLP-1 RAs (20 min + 10 min Q&A)

Continued on next page *Subject to change

Course Details* continued

1400 – 1500	Session #4: IFG and IGT Diagnosis and Significance of IFG, IGT (15 min)
	<i>Case presentation and discussion:</i>
	Case #1: Should Prediabetes be Treated? (15 min + 30 min discussion)
1500 – 1530	SLOT FOR SPONSOR (20 min + 10 min Q&A)
1530 – 1600	BREAK (Visit to Booths) Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.
1600 – 1730	Session #5: Diabetes in Pregnancy Managing At-Risk and Diabetic Subjects in Pregnancy (20 min + 10 min Q&A)
	<i>Case presentation and discussion:</i>
	Appropriate Use of Medications During Pregnancy Case #2: (10 min + 20 min Q&A) Case #3: (10 min + 20 min Q&A)
1730	END OF DAY 1

DAY 2 – May 4, 2024 (Saturday)

0800 – 0930	Session #6: Diabetes with Heart Disease Diagnosis and Management of IHD and CCF in Diabetics (20 min + 10 min Q&A)
	<i>Case presentation and discussion:</i>
	<i>Case discussion (Ischaemic Heart Disease in Diabetics):</i> Case #4: (10 min + 20 min Q&A)
	<i>Case discussion (Heart Failure in Diabetics):</i> Case #5: (10 min + 20 min Q&A)
0930 – 1000	SLOT FOR SPONSOR (20 min + 10 min Q&A)
1000 – 1030	BREAK (Visit to Booths) Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.
1030 – 1130	Session #7A: Targets for Glycaemia and Associated Conditions ● HbA1c – Type 1 – Type 2 – Remission ● Cholesterol/Dyslipidaemia ● Blood Pressure ● Weight ● Others (20 min + 10 min Q&A)
	Session #7B: Follow-ups Assessments ● History ● Serial Examination ● Lab Tests ● What and When to Refer (20 min + 10 min Q&A)
	SLOT FOR SPONSOR (20 min + 10 min Q&A)
1200 – 1300	LUNCH
1300 – 1500	Session #8: Diagnosis and Practical Management of Patients with Diabetic Kidney Disease (20 min + 10 min Q&A)
	<i>Case presentation and discussion:</i>
	<i>Case Discussion (Treatment Options of Diabetes with CKD):</i> Case #6: (15 min + 30 min Q&A) <i>Case Discussion (Monitoring and Targets):</i> Case #7: (15 min + 30 min Q&A)
1500 – 1530	SLOT FOR SPONSOR (20 min + 10 min Q&A)
1530 – 1600	BREAK (Visit to Booths) Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.
1600 – 1700	Session #9: Microvascular Complications
	Session #9A: A Diabetic Foot Painful Neuropathy and Non-Healing Foot Ulcer (20 min + 10 min Q&A)
	Session #9B: Retinopathy/Blurring vision (20 min + 10 min Q&A)
1700 – 1730	Session #10: Treating Obesity in Diabetics (20 min + 10 min Q&A)
1730	END OF DAY 2

DAY 3 – May 5, 2024 (Sunday)

0800 – 0930	Session #11: Diabetes in Children Features and Treatment of Type 1 and Type 2 in Children (20 min + 10 min Q&A)
	<i>Case presentation and discussion:</i>
	Case #8: Is This Type 1 or Type 2? (10 min + 20 min Q&A)
	Case #9: Comorbidities in Type 2 Children: Should We Treat? (10 min + 20 min Q&A)
0930 – 1000	SLOT FOR SPONSOR (20 min + 10 min Q&A)
1000 – 1030	BREAK (Visit to Booths) Please make sure you receive a chop from the booth that you visit to be eligible for Lucky Draws.
1030 – 1100	SLOT FOR SPONSOR (20 min + 10 min Q&A)
1100 – 1230	Session #12: The Complicated Cases: Prioritising And Optimising Management
	<i>Case presentation and discussion:</i> <i>Case Discussion (The Complicated Cases):</i> Case #10: (15 min + 30 min Q&A) Case #11: (15 min + 30 min Q&A)
1230 – 1300	CLOSING CEREMONY & LUCKY DRAWS
1300 – 1400	LUNCH
1400	END OF CLINIC DIABETES COURSE

Registration & Fees

Registration form is enclosed with this **FINAL COURSE ANNOUNCEMENT**. Completed form must be returned with the proof of registration fee payment to the Secretariat of the 'Clinic Diabetes Course 2024' by mail or fax.

Registration fee covers admission to all NADI 'Clinic Diabetes Course 2024' sessions and trade exhibition, bag, identification tag and printed materials, lunches and tea/coffee breaks. The fees are as follows:

Local Delegate (Subsidised Rates)

REGISTRATION	Course Fee*	Please tick
EARLY BIRD REGISTRATION (before March 31, 2024)	RM 800	
AFTER March 31, 2024	RM 900	

* Subsidised rates

International Delegate

REGISTRATION	Course Fee*	Please tick
EARLY BIRD REGISTRATION (before March 31, 2024)	USD 370	
AFTER March 31, 2024	USD 470	

Please register early to enjoy "EARLY BIRD" discount for registration

For ONLINE REGISTRATION & PAYMENT DETAILS, please visit www.nadidiabetes.com.my

Registration fee should be made payable to:
National Diabetes Institute
Please refer to the instruction on payment

Accommodation

Special room rates have been arranged for the course participants from May 3 – 5, 2024 at the following hotels:

Royale Chulan Kuala Lumpur (Course Venue)	Pullman Kuala Lumpur City Centre Hotel & Residences	Grand Millenium Hotel Kuala Lumpur
	Dorsett Kuala Lumpur	Hotel Royal Kuala Lumpur

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice.

Please specify that you wish to book as a participant of the National Diabetes Institute 'Clinic Diabetes Course 2024' in order to qualify for the special rates offered.
Please refer to the accompanying leaflet for details.

Disclaimer

The National Diabetes Institute and its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

For further information and updates regarding the 'Clinic Diabetes Course 2024', please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Sri Wahyuni / Ms. Haira / Ms. Athirah)
National Diabetes Institute (NADI) No. 1, Jalan SS 3/50 47300 Petaling Jaya, Selangor, MALAYSIA
Tel: +603-7876 1676 / 7876 1677 Fax: +603-7876 1679 Email: enquiry@nadidiabetes.com.my OR Visit our website :www.nadidiabetes.com.my

About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a non-profit, Non-Governmental Organisation (NGO) managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle