

3RD ASIAN
PUBLIC
MENTAL HEALTH
CONGRESS

DEC
09-10
2022

BALI, INDONESIA



Event Sessions

Neurology and Mental Health

Human Resilience

Addiction and Mental Health

Stress, Anxiety and Depression

Child and Adolescent Mental Health

Womens Mental Health

Mental Disorders and Mental Illness

Psychosocial Rehabilitation and Treatment

Global Epidemiology of Mental Illness

Target Audience

Clinical Psychologists

Psychopharmacologists

Mental Health Professionals

Neuropsychiatrists

Neurophysiologists

Neuropathologists

Counselors and Social Workers





**Reminiscence of
APMHC 2021**

2nd ASIAN PUBLIC MENTAL HEALTH CONGRESS

OPENING CEREMONY

13:25 PM

SESSION TALKS

SALEH AL HASNAWI

Honorary President, Iraqi Association of Psychiatrists

13:30 PM

Psychiatric aspect of Covid-19 infection

OSMAN KUČUK

Centre for dementia in Sarajevo, Bosnia and Herzegovina

14:00 PM

Humor and resilience during crisis

SANGEETHA PARAM

Motivational Speaker on Mental Health, India

14:30 PM

Eureka- Journey to discover oneself

SPECIAL SESSION

AUSTIN A MARDON

University of Alberta, Canada

15:00 PM

CATHERINE A MARDON

University of Alberta, Canada



**LIVED EXPERIENCE FROM A COUPLE WITH PTSD AND SCHIZOPHRENIA:
LESSONS LEARNED**

Note: Timings are mentioned as per Central European Time (GMT +1)

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SESSION TALKS

R. SUDHA

*Avinashilingam Institute for Home Science and
Higher Education for Women, India*

15:45 PM

The journey from self criticism to self compassion: An empirical study

M. SATHYA

*Avinashilingam Institute for Home Science and
Higher Education for Women, India*

16:00 PM

**Enhancement of social adjustment of rural women in self-help groups
through positive therapy**

RITA RANI BHATTACHARJEE

Vellore Institute of Technology, India

16:15 PM

**A study on the personality factors of college students by Big Five
personality dimensions with special reference to Vellore District, India**

JOHN CHRISTY JOHNSON & PETER

Edmonton Robotics Laboratory, Canada

16:30 PM

**Consequences of smartphone culture: Mental health in an app-for-that
generation and the socioeconomic discrepancy (Pre-recorded)**

S. SUBHASHINI

*Avinashilingam Institute for Home Science and
Higher Education for Women, India*

16:45 PM

**Effectiveness of laughter therapy in managing social media addiction
and controlling sleep disturbance**

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S. SHIYAMALA

*Avinashilingam Institute for Home Science and
Higher Education for Women, India*

17:00 PM

Creativity style, achievement motivation and happiness among young adults

COFFEE BREAK

M. BUELA PHILOMINA

*Avinashilingam Institute for Home Science and
Higher Education for Women, India*

17:30 PM

The relationship of resilience, meaning of life and psychological well-being among adolescents

NAVNA PANCHAMI RAVINDRAN

Dy Patil Medical College Hospital and Research Institute, India

17:45 PM

Sexual Dysfunction in Hypertensive females affecting different domains - A longitudinal study

A.M. SRINITHI

*Avinashilingam Institute for Home Science and
Higher Education for Women, India*

18:00 PM

Empathy, emotion regulation and psychological well being among Mental Health Professionals

M. ANITHA

*Avinashilingam Institute for Home Science and
Higher Education for Women, India*

18:15 PM

Effectiveness of cognitive behaviour therapy in enhancing self-efficacy and psychological well being in the caregivers of special children

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MSIZA NGOANAMOGOASHI IREEN

Groblersdal Hospital, South Africa

18:30 PM

**Exploring various treatment approaches for recovery of Nyaope addicts
in South Africa**

KEYNOTE SESSION

EVELYN GRAY

*Certified Coach, Consultant, Speaker & Author,
USA*



19:00 PM

**IF YOU CAN'T FIND IT IN 30 SECONDS, IT'S IN
THE WRONG PLACE**

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