

II PCOS CONGRESS

ISTANBUL - TURKEY



NOV 17-18, 2025



Sessions

PCOS and Fertility
PCOS and Women Health
PCOS: Nutrition Strategy and Diet
**Immunological Approaches of
fertility**
**Reproductive and Metabolic
Disorders**
**Gynecological Endocrine Disorders
in PCOS**
Complications during Pregnancy
Bariatric Surgery in PCOS
PCOS and Stem Cell Treatment
Epidemiology and Pathophysiology
**Advanced Research in PCOS
Treatment**

Target Audience

Obstetrics and Gynaecologists
Diabetologists
Endocrinologists
Nutritionist and Dietician
Andrologists and Embryologists
Gynaecological Pathologists
Gynaecological Oncologists
IVF Professionals
Pharmacotherapists
Endoscopic Surgeons



GLOBAL CONFERENCE AWARDS 2025

Recognizing outstanding presentations in the field of clinical, medical and engineering areas. Explore prestigious awards and celebrate outstanding presenters with us.



Best Presentation Award - 2

Awarded to the most outstanding presentation of the entire conference under oral talk category

01



Best Young Researcher Award - 2

Most outstanding oral presentation presented by a participant who has registered as a researcher, intern or student

02



Students Best Innovative Research Award - 1

Awarded to the most innovative research idea presenter under Young Researcher and Poster category

03



Best Poster Awards - 2

Award is dedicated to the poster presenters selected among all the posters in the session.

04

CRITERIA FOR AWARDS SELECTION

IN-PERSON & VIRTUAL



Content of
the
presentation

1

Clarity and flow
of the
Presentation

2

Novelty / ideas
to the field

3

Design and
Overall Visual
Appeal

4

Verbal
Interaction

5

For more details Email us at: info@plenareno.net



REMINISCENCE OF PCOS24

PCOS

DAY 1

OPENING CEREMONY

KEYNOTE TALK

ARTHUR CLEMENT

CEO, LABORATOIRE CLEMENT, FRANCE

**MTHFR GENE DISTRIBUTION AMONG AN INFERTILE
POPULATION OF MORE THAN 8000 PATIENTS:
ITS IMPACT ON INFERTILITY AND OTHER SYSTEMS**



09:30 - 10:15

REFRESHMENTS BREAK

SPECIAL SESSION

ROUBA CHALABI

Breathworker, Food Addiction Counselor and Author

**TRANSFORMING OBESITY TREATMENT: TEACHING OVEREATERS TO
BEFRIEND THEIR BODIES**

10:30 - 11:15

ORAL SESSION

SOWMYA KIRAN RAO

Manipal Academy of Higher Education, UAE

**MAPPING THE PATH OF HEALTHY LIVING THROUGH NUTRITION AWARENESS
PROGRAMS ON PCOS AND ITS MANAGEMENT IN UNIVERSITY CAMPUS**

11:15 - 11:35

PCOS

DAY 1

MUHAMMAD IMRAN BUTT

*King Faisal Specialist Hospital & Research Centre
Saudi Arabia*

11:35 - 11:55

EMPAGLIFLOZIN USE IN CARDIAC TRANSPLANT PATIENTS: REAL WORLD EXPERIENCE FROM SAUDI ARABIA

ELISSA ABI NAKHOUL

HMS Al Garhoud Hospital, UAE

11:55 - 12:15

DIETARY APPROACHES TO CARDIOVASCULAR DISEASE PREVENTION

MELANIE DSOUZE

Aster Hospitals, UAE

12:15 - 12:35

DIET FOR GDM IN PREGNANCY

FARIZ NURUL HUDA

Gadjah Mada University/ Dr. Sardjito Hospital, Indonesia

12:35 - 12:55

RISK FACTORS FOR MORTALITY AMONG PATIENTS WITH DIABETIC FOOT INFECTIONS AT INPATIENT UNIT OF RSUP DR. SARDJITO YOGYAKARTA

LUNCH BREAK

MILAD MANSOORI

Clinical Dietitian, UAE

13:45 - 14:05

GENETIC MARKERS FOR TYPE 2 DIABETES: PERSONALIZED NUTRITION FOR PREVENTION AND MANAGEMENT

LULWA AL-ABDULLAH

Dasman Diabetes Institute, Kuwait

14:05 - 14:25

THE ROLE OF IMMUNE INDICATORS IN COGNITIVE FUNCTION AMONG T1D PATIENTS: A NESTED ANALYSIS OF THE REVADIAB STUDY

ANWAR KANDARI

Dasman Diabetes Institute, Kuwait

14:25 - 14:45

CHRONIC AND ACUTE EXPOSURE TO HIGH GLUCOSE AND HIGH PALMITATE IN THP-1 CELLS: EFFECTS OF SCFA TREATMENTS

KOSIMOV OTABEK ULUGBEKOVICH

Medical Institute Moscow, Russia

14:45 - 15:05

FLASH GLUCOSE MONITORING IN OBESE PATIENTS USING THE MEDITERRANEAN DIET

NEVEEN SHALALFA

Palestine Polytechnic University, Palestine

15:05 - 15:25

DIABETIC PATIENTS IN PALESTINE EXPERIENCED DEPRESSION AND DISTRESS DURING THE WAR

RAFFAELE PILLA

St. John of God Hospital - Fatebenefratelli, Italy

15:25 - 15:45

THERAPEUTIC KETOSIS AND THE BROAD FIELD OF APPLICATIONS FOR THE KETOGENIC DIET: KETONE ESTER APPLICATIONS & CLINICAL UPDATES

REFRESHMENTS BREAK

CLOSING OF DAY 1

KEYNOTE TALK

MOHAMMAD KAMIL

LOTUS HOLISTIC HEALTH INSTITUTE, UAE

DIABETES HERBAL MEDICINES AND DIETARY SUPPLEMENTS - ADULTERATION AND HEALTH RELATED RISKS



09:30 - 10:15

REFRESHMENTS BREAK

ARTHUR CLEMENT

CEO, LABORATOIRE CLEMENT, FRANCE

IMPACT OF THE MAKE FACTOR ON RECURRENT IMPLANTATION FAILURE



10:30 - 11:15

ORAL SESSION

ARWA LEELAWALLA

Gulf Medical University, Thumbay University Hospital, UAE

MATERNAL AGE AND BIRTH OUTCOMES: A STUDY IN AJMAN, UNITED ARAB EMIRATES

11:15 - 11:40

WANIA MOHAMMAD AKRAM

Gulf Medical University, UAE

ECTOPIC PREGNANCY: A CASE OF CONSECUTIVE OCCURRENCES OF DIFFERENT TYPES

11:40 - 12:00

LUNCH BREAK





ATTRACTIONS

- Hagia Sophia Grand Mosque
- Topkapi Palace Museum
- The Blue Mosque
- Basilica Cistern
- Grand Bazaar
- Dolmabahçe Palace
- Mount Nemrut
- Suleymaniye Mosque



JOIN US AT PCOS CONGRESS



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