

Webinar on Mental Health and Human Resilience

Empowering Minds: Innovations in Mental Health
and Resilience

June 26, 2025

09:00 AM

GMT

Invitation for Webinar

Join us on June 26, 2025, for the Mental Health and Human Resilience Webinar, bringing together mental health professionals, researchers, clinicians, and advocates to explore the latest advancements in psychological well-being and resilience-building. This year's theme, "Empowering Minds: Innovations in Mental Health and Resilience," will focus on groundbreaking research, therapeutic strategies, and holistic approaches to strengthening mental resilience in individuals and communities.



Contact us

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<https://www.confmeets.com/webinars/mentalhealth>

Mental Health 2025

Tentative Agenda

TIME	SESSIONS
09:00–11:00	Keynote Talks
11:00–11:15	Refreshment Break
11:15–13:00	Oral Presentations
13:00–14:30	Lunch Break
14:30–16:00	Oral Presentation
16:00–16:15	Refreshment Break
16:15–17:30	Video Presentations
17:30–18:00	E-posters

Scientific Sessions

- Mental Health and Human Resilience
- Stress Management and Burnout Prevention
- Mental Health in the Workplace
- Trauma and Post-Traumatic Growth
- Epilepsy
- Autism spectrum disorder
- Personality Disorders
- Mental Health Disparities and Resilience
- Mind-Body Connections in Resilience
- Psychosocial Resilience and Genetics
- Neurogenesis of Resilience
- Sleep, Circadian Rhythms and Mental Health
- Resilience in Children and Adolescents
- Psychiatric Disorders

UNIQUE FEATURES



- ▶ The Career Guidance Workshops to the Graduates, Doctorates and Post-Doctoral Fellows.
- ▶ Accepted Abstracts will be published in the respective supporting journals.
- ▶ For Students Best Poster and Young Researcher Award.
- ▶ Group of attendees from the same lab/institute/university (or) anyone who wish to attend the webinar will be eligible for discounts.

YOUTH FORUM



ELIGIBILITY

- ▶ Young Investigators (e.g. Post-Graduate students, Post-doctoral fellows, Trainees, Junior faculty) are the focus of this event.
- ▶ Participants should be below the age of 33 years.
- ▶ Opportunity for young researchers to learn about the research areas of their peers to increase their capacity as multidisciplinary researchers

BENEFITS

- ▶ The forum will provide an opportunity for collegial interaction with other speakers and established celebrative across the globe.
- ▶ Young Researcher Award will be given to the best presentation.

About Confmeets

Our international webinars serve as open forums for engaging with leading experts and influencers. Guided by a distinguished organizing team, attendees gain access to cutting-edge insights, innovative strategies, and actionable ideas. These sessions provide in-depth updates on the latest research trends and business advancements, fostering collaboration between academia and industry.

Important Information

Submit your Abstract in the Below Link

<https://www.confmeets.com/webinars/mentalhealth/abstract>

Abstract acceptance will be intimated through Email & WhatsApp.

Then you can proceed further by registering towards the conference to confirm your slot

<https://www.confmeets.com/webinars/mentalhealth/registration>

FOR DELEGATE PARTICIPATION

You can directly confirm your slot by registering towards the conference under Delegate category

<https://www.confmeets.com/webinars/mentalhealth/registration>