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3rd International Conference on

MENTAL HEALTH AND HUMAN RESILIENCE

📅 MARCH 23-24, 2026 📍 BERLIN, GERMANY

Noveltics Group LLC is the world's leading specialist in organizing academic, scientific and business conferences, meetings, symposiums and exhibitions in different verticals and horizontals like Medical, Pharma, Engineering, Science, Technology, Business and many more to promote scientific research.

🌐 <https://noveltics.org/aboutus>



WELCOME MESSAGE

Welcome to the **3rd International Conference on Mental Health and Human Resilience** which is in **BERLIN, GERMANY** during **MARCH 23-24, 2026**. We are delighted to have you join us in this global gathering of minds dedicated to advancing the understanding, support, and advocacy for mental health.

As we embark on these transformative days together, we aim to create a space where ideas flourish, knowledge is shared, and connections are forged. This conference serves as a beacon for collaboration, fostering a community that values resilience, compassion, and progress in the realm of mental health.

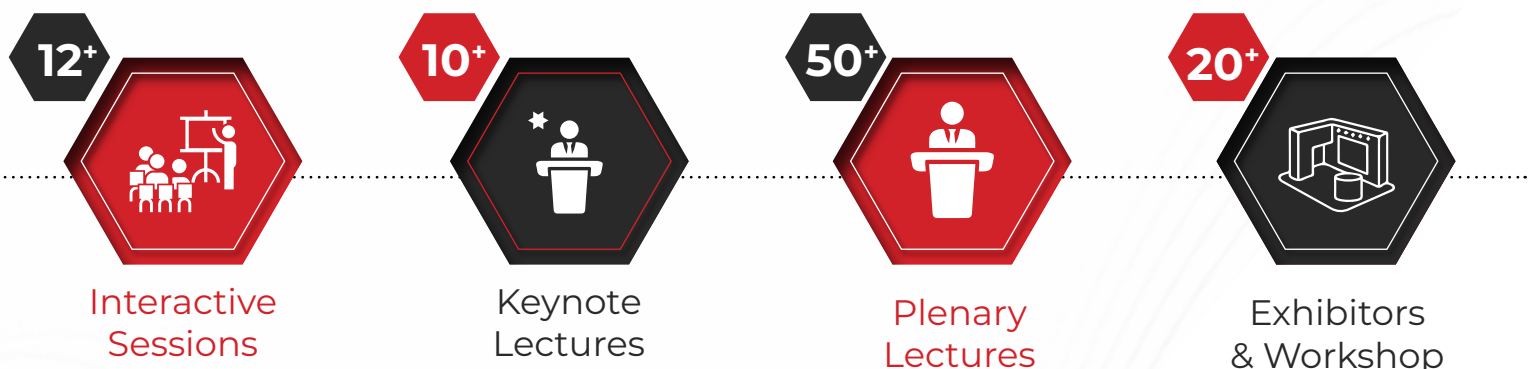
Our shared commitment to unraveling the complexities of mental health and promoting resilience aligns with the theme of this Mental Health Conference. Together, we will explore innovative approaches, cutting-edge research, and actionable strategies that contribute to a world where mental well-being is prioritized and supported.

The primary objective of this conference is to promote a deeper understanding of mental health issues and explore strategies for building human resilience in the face of various challenges and adversities. The importance of this conference lies in its potential to contribute to the well-being of individuals, families, and communities on a global scale.

Whether you are a seasoned professional, researcher, advocate, or enthusiast, your unique perspectives and contributions are integral to the success of this event. Engage in insightful discussions, learn from esteemed experts, and seize the opportunity to network with like-minded individuals from diverse backgrounds and cultures. Let this conference be a source of inspiration, empowerment, and a catalyst for positive change in the field of mental health.

Wishing you an enriching and impactful experience at the **3rd International Conference on Mental Health and Human Resilience!**

With Regards
Mental Health 2026
Organizing Committee



AGENDA

DAY-1	TIME/SESSION	DAY-1	TIME/SESSION
09:00-10:00	KEYNOTE/PLENARY TALK NO: 1	09:00-10:00	KEYNOTE/PLENARY TALK NO: 1
09:00-10:00	COFFEE/TEA BREAK	09:00-10:00	COFFEE/TEA BREAK
09:00-10:00	SESSIONS	09:00-10:00	SESSIONS
09:00-10:00	LUNCH BREAK	09:00-10:00	LUNCH BREAK
09:00-10:00	SESSIONS	09:00-10:00	SESSIONS
09:00-10:00	COFFEE/TEA BREAK	09:00-10:00	COFFEE/TEA BREAK
09:00-10:00	SESSIONS	09:00-10:00	SESSIONS

DAY 1 | MONDAY | MARCH 23, 2026

	ROOM 1	ROOM 2	ROOM 3
11:00-12:00	MENTAL HEALTH AND WELL-BEING	PSYCHOLOGICAL RESILIENCE	WORKSHOP
12:00-13:00	PREVENTION AND EARLY INTERVENTION	CULTURAL PERSPECTIVES	WORKSHOP
13:00-14:00 LUNCH BREAK			
14:00-15:00	MENTAL HEALTH POLICY AND ADVOCACY	INNOVATIONS IN RESEARCH AND TREATMENT	WORKSHOP
15:00-16:00	HUMAN RESILIENCE	CLINICAL PSYCHOLOGY	WORKSHOP
16:00-16:20 COFFEE BREAK/NETWORKING			
16:20-17:30	PSYCHOLOGY AND PSYCHIATRY	CHILD ABUSE	WORKSHOP



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	ROOM 1	ROOM 2	ROOM 3
11:00-12:00	CHILD AND ADOLESCENT PSYCHIATRY	ADULT AND GERIATRIC PSYCHIATRY	WORKSHOP
12:00-13:00	ADDICTION	MENTAL HEALTH	WORKSHOP
13:00-14:00 LUNCH BREAK			
14:00-15:00	NEUROPSYCHIATRIC DISORDERS	PSYCHOLOGICAL DISORDERS	WORKSHOP
15:00-16:00	STRESS, ANXIETY AND DEPRESSION	MENTAL HEALTH AWARENESS	WORKSHOP
16:00-16:20 COFFEE BREAK/NETWORKING			
16:20-17:30	WOMEN'S MENTAL HEALTH	BEHAVIORAL HEALTH AND BULLYING	WORKSHOP



CONFERENCE HIGHLIGHTS

- Mental Health and Well-being
- Psychological Resilience
- Prevention and Early Intervention
- Cultural Perspectives
- Mental Health Policy and Advocacy
- Innovations in Research and Treatment
- Human Resilience
- Clinical Psychology
- Psychology and psychiatry
- Child Abuse
- Child and Adolescent Psychiatry
- Adult and Geriatric psychiatry
- Addiction
- Mental Health
- Neuropsychiatric disorders
- Psychological Disorders
- Stress, Anxiety and Depression
- Mental Health Awareness



**SUBMIT YOUR
ABSTRACT**



**REGISTRATION
OPEN NOW**



ABOUT US


Welcome to **NOVELTICS Group LLC**, where innovation meets excellence in scientific event organization. We dedicated to shaping the future of knowledge exchange and professional development, we are thrilled to embark on this journey with you.

At **NOVELTICS Group LLC**, we believe in the power of collaboration, curiosity, and creativity to drive meaningful progress in the scientific community. Our mission is to create transformative event experiences that inspire, educate, and connect professionals from diverse fields of expertise.

With a passionate team of experienced event organizers and industry experts, we are committed to delivering exceptional events that leave a lasting impact. From conferences and symposiums to workshops and seminars, we offer a wide range of programs tailored to the evolving needs and interests of our audience.

Theme: Mindfulness in Action: Cultivating Holistic Wellness

How Noveltics Conferences differs from others?

- 
- Innovative content delivery methods that engage and inspire participants.
 - Meticulously curated programs developed in collaboration with industry experts.
 - Emphasis on diversity and inclusivity to foster a dynamic event environment.
 - Robust networking opportunities to facilitate meaningful connections.
 - Flexible registration options and hybrid event formats to accommodate diverse preferences.
 - Commitment to excellence in event planning, logistics, and attendee satisfaction.
 - Cutting-edge topics and emerging trends at the forefront of every conference.
 - Interactive formats that encourage collaboration, creativity, and knowledge exchange.
 - Personalized approach to event organization tailored to meet individual needs and goals.
 - Unparalleled dedication to driving positive impact and innovation in the conference landscape.



Who Will Attend the Mental Health Conference?

The Mental Health Conference typically attracts a diverse range of attendees from the Mental health professionals (psychiatrists, psychologists, counselors, therapists) Researchers and academics in the field of mental health Students and trainees in mental health disciplines Healthcare practitioners (nurses, social workers, occupational therapists) Policy makers and government officials involved in mental health policy and advocacy Representatives from non-profit organizations and NGOs working in mental health Individuals with lived experience

Why do you need to attend a Mental Health Conference?

For professionals:

- Stay updated on the latest research and advancements: Conferences offer opportunities to learn about cutting-edge treatments, diagnostic tools, and emerging research in mental health. This can help professionals provide the best possible care to their clients.
- Network with colleagues: Conferences provide a platform for professionals to connect with colleagues from different regions and disciplines. This can lead to collaborations, knowledge sharing, and improved understanding of mental health issues.
- Develop new skills and knowledge: Many conferences offer workshops and training sessions on specific topics, allowing professionals to deepen their expertise in areas of interest.
- Gain inspiration and motivation: Hearing from

of mental health challenges and their caregivers Industry professionals involved in mental health technology, pharmaceuticals, and mental health services Educators and trainers in mental health-related fields Community leaders and advocates for mental health awareness and destigmatization.

These attendees come together to share knowledge, exchange ideas, and collaborate on ways to improve mental health care, promote resilience, and address the challenges facing individuals and communities affected by mental health issues.

leading experts and peers who are making a difference in the field can be inspiring and motivating for professionals.

For individuals with mental health conditions:

- Learn about coping mechanisms and self-management strategies: Conferences often feature sessions on various topics related to mental health, such as managing stress, anxiety, depression, and other conditions. This can be helpful for individuals seeking to improve their well-being.
- Connect with others who understand: Conferences provide a safe space for individuals with mental health conditions to connect with others who share similar experiences. This can help reduce feelings of isolation and build a sense of community.
- Gain access to resources and support: Many conferences offer information about local mental health resources, support groups, and advocacy organizations. This can be valuable for individuals seeking additional support or wanting to get involved in mental health advocacy.

REGISTRATION PRICES

BUSINESS

ACADEMIC

\$799

REGISTRATION

\$1099

PACKAGE A
Registration
2-Nights Accommodation

\$1249

PACKAGE B
Registration
3-Nights Accommodation

\$899

REGISTRATION

\$1199

PACKAGE A
Registration
2-Nights Accommodation

\$1349

PACKAGE B
Registration
3-Nights Accommodation

STUDENT

\$499

STUDENT YRF

\$399

STUDENT POSTER
Registration

\$100

E-POSTER



REGISTRATION GUIDE LINES

Registration

- Access to All Sessions
- Coffee break during the conference
- Handbook & Conference Kit
- A free paper abstract(For Speakers)
- Lunch during the conference
- Certificate of Presentation

Student Delegates

- Access to All Sessions
- Coffee break during the conference
- Conference Kit
- Lunch during the conference



VENUE

BERLIN

Berlin, the capital of Germany, is a city where history, culture, and innovation intersect. Known for its pivotal role in world events, Berlin has transformed from a divided city during the Cold War into a dynamic, unified metropolis that symbolizes resilience and creativity. Today, it stands as one of Europe's most vibrant and progressive urban centers.

At the heart of Berlin's charm is its rich cultural scene. The city is home to over 170 museums, including the renowned Museum Island, a UNESCO World Heritage Site. Street art and contemporary galleries flourish, especially in neighborhoods like Kreuzberg and Friedrichshain, reflecting Berlin's reputation as a global hub for artists and creatives.

Diverse, open-minded, and ever-evolving, Berlin invites exploration at every turn. Whether you're strolling through historical sites, relaxing in a café in Prenzlauer Berg, or enjoying a lakeside beer garden, the city offers experiences that are both enriching and unforgettable.

With its blend of old and new, tradition and experimentation, Berlin continues to redefine itself—making it a must-visit destination for travelers, creatives, and entrepreneurs alike.



Conference Secretariat

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